



Fallbrook Community Center

PROGRAM GUIDE January - March 2024

341 HEALD LANE, FALLBROOK, CA 92028 • 760-728-1671

MONDAY - FRIDAY: 9 A.M. - 6:30 P.M.

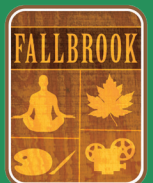
HOLIDAY CLOSURES:

JAN. 1 - NEW YEAR'S DAY

JAN. 15 - MARTIN LUTHER KING DAY

FEB. 19 - PRESIDENTS' DAY

 @FALLBROOKCOMMUNITYCENTER
SDPARKS.ORG



Fallbrook Community Center

The Fallbrook Community Center is a hub of community life in the North County. With a wide variety of recreational and social events and programs, from preschool childcare to senior lunches, the Center offers a wide range of activities to meet the diverse needs of the community. We're all about play! The Fallbrook Community Center has two playgrounds, two lighted tennis courts and two lighted sand volleyball courts, picnic areas, a basketball court, a lawn area and restrooms. For those groups, schools, and community organizations that are looking for a meeting place, the auditorium and two meeting rooms at the Center are ideal. The community center is also equipped with a kitchen, making it a perfect venue for weddings or special events. Additional information is located in the back of this publication.



Fallbrook Area Parks

Clemmens Lane County Park

344 Clemmens Lane, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

Don Dussault County Park

832 Alturas St., Fallbrook • 760-728-2303
Open sunrise to sunset, daily

Live Oak County Park

2746 Reche Road, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

Rainbow County Park

5157 5th St., Fallbrook • 760-728-2303
Open sunrise to sunset, daily

Santa Margarita County Preserve

37385 De Luz Road, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

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Youth Classes

COMIC ART

MONDAYS, 5 – 7 P.M.

SESSION 1: JAN. 8 – 29 (NO CLASS ON JAN. 15)

SESSION 2: FEB. 5 – 26 (NO CLASS ON FEB. 19)

SESSION 3: MARCH 4 – 25

AGES 6 – 12

\$80 / 4-WEEK SESSION + \$20 MATERIAL FEE

THURSDAYS, 5 – 7 P.M.

SESSION 1: JAN. 5 – 26

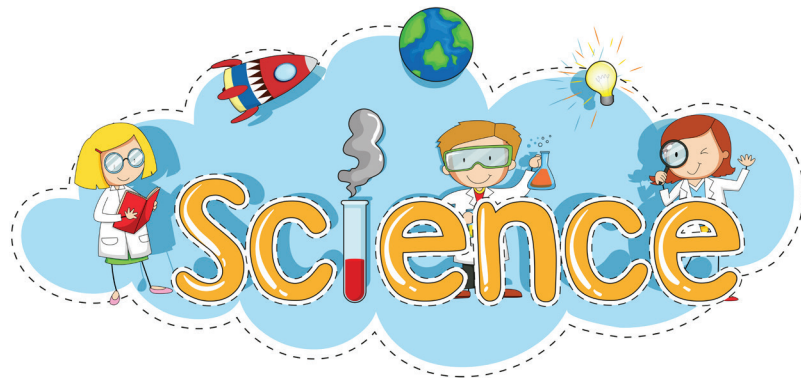
SESSION 2: FEB. 8 – 29

SESSION 3: MARCH 7 – 28

AGES 13+

\$80 / 4-WEEK SESSION + \$20 MATERIAL FEE

Explore the history of comic books from the mid-century traditional styles of comics in America to the Japanese genre of manga and anime. Students in this workshop will create graphic characters of superheroes, villains and more. Storyboarding, illustration techniques, airbrushing, layout, scale, proportion, perspective, and various mediums of paint and ink will be used. This workshop is for students who are interested in gaining experience in realism, fantasy and other graphic art styles.



SCIENCE KIDS

SESSION 1: JAN. 9 – 30

SESSION 2: FEB. 6 – 27

SESSION 3: MARCH 5 – 26

TUESDAYS, 3:30 – 5 P.M.

AGES 5 – 10

CLASS FEE: \$60 + \$20 MATERIAL FEE

Explore acid/base, solve science mysteries, discover the secrets of flight, learn about physical and chemical change, and more! Each month will have different topics to explore in this creative and cool Science Kids program - offered in three unique, topical sessions to maximize your child's learning opportunities.

Youth Camps



KIDS TASTY RECIPE COOKING CAMP

WEDNESDAYS, JAN. 24 – FEB. 28

4 – 6 P.M.

AGES 5 – 12

\$195 / 6-WEEK SESSION

Bake up tasty treats and more while creatively decorating culinary masterpieces! Learn to follow directions, work as a team and follow a variety of recipes where the process is just as fun as the end result. Recipes include homemade pop tarts, churros, bacon mac 'n' cheese, waffle sandwiches, strawberry fudge, raspberry-banana breakfast tacos, homemade vanilla ice cream, easy confetti pie, pizza monkey bread, homemade baked French fries, cereal and milk ice cream sandwiches, and much more! **We are unable to make modifications for dietary or allergic restrictions.*

PRESIDENTS' WEEK CAMP

FEB. 20 – 23

7:30 A.M. – 5:30 P.M.

AGES 5 – 12

\$100 / WEEK

This 4-day camp will include a variety of fun activities that are sure to engage all young campers - from sports and games to arts and crafts. Kids will acquire new skills, practice social skills, boost confidence, and make new friends and memories over the holiday break.

SPRING BREAK CAMP

MARCH 25 – 29

7:30 A.M. – 5:30 P.M.

AGES 5 – 12

\$120 / WEEK

Join us for a week of learning outside the box! We'll explore the outdoors and have hands-on, mind enhancing projects.

SUMMER CAMP EARLY REGISTRATION

APR. 8 – MAY 8

AGES 5 – 12

\$120 / WEEK (\$140 / WEEK AFTER MAY 8)

It's time to start thinking about summer! Registering now saves you \$20 on a month of entertaining summer program options the Fallbrook Community Center. Kids will have fun with themed activities, from the morning to the afternoon!

**Fees must be paid at the time of registration*

Youth Sports



BASEBALL SAINTS

TUESDAYS, MARCH 5 – MAY 21

AGES 3 – 6, 4:30 P.M.

\$150 / 10-WEEK SESSION

Baseball Saints classes are designed for children who miss the age cut-off date for Little League. Classes are non-competitive with no score-keeping, however, coaches focus on fine-tuning kids' skillsets. They will hit off of a tee and develop the fundamental skills of fielding, base running, decision-making, and throwing.

BASKETBALL SAINTS

THURSDAYS, MARCH 7 – MAY 23

AGES 5 – 8, 3:30 P.M.

AGES 9 – 14, 4:30 P.M.

\$150 / 10-WEEK SESSION

Basketball Saints classes introduce children to the fundamentals of basketball with key skills such as dribbling, passing, shooting and decision-making. Classes are STEAM-infused where elements of science, technology, engineering, art, and math are taught as a fun break from drills and games on the court. We encourage beginner, intermediate and advanced players to enjoy education through fun!

SOCCER SAINTS

WEDNESDAYS, MARCH 6 – MAY 22

AGES 3 – 5, 3:30 P.M.

AGES 6 – 10, 4:30 P.M.

\$150 / 10-WEEK SESSION

The Soccer Saints Recreational League was designed for Soccer Saints families, exclusively, and youth will play in 10 practice classes and eight league games. The referee on the pitch will be a Soccer Saints Certified Coach. All equipment is provided and we recommend children wear comfortable clothing and footwear. Cleats and shin guards are not mandatory but encouraged. Bring water.

TENNIS SAINTS

MONDAYS, MARCH 4 – MAY 20

AGES 5 – 8, 3:30 P.M.

AGES 9 – 14, 4:30 P.M.

\$150 / 10-WEEK SESSION

The Tennis Saints curriculum was created using decades of coaching experience across multiple age groups using age-appropriate, inclusive teaching techniques. We STEAM-infuse our tennis instruction with our highly experienced and enthusiastic accredited coaches. Every class is fun and a great learning experience for beginners, intermediate and experienced players. The curriculum gives every child the opportunity for the pathway to success.



BALLET DANCE

BABY & TODDLER: AGES WALKING – 3 YEARS
(WITH PARENT PARTICIPATION)
THURSDAYS, JAN. 25 – MARCH 14
4:30 – 5 P.M., \$80/SESSION

PRESCHOOL: AGES 3 – 5
WEDNESDAYS, JAN. 24 – MARCH 13
4:45 – 5:15 P.M., \$80 / SESSION

Children will learn the fundamentals of beginner ballet techniques and French terminology in this class, which includes floor warm-up, across-the-floor combos and exercises, and a special ballet dance routine in a fun and creative atmosphere designed to make learning ballet fun. This class is great for building confidence, poise, discipline, coordination and flexibility.

CHEERLEADING, DANCE & TUMBLE

PRESCHOOL: AGES 3 – 5
WEDNESDAYS, JAN. 24 – MARCH 13
5:25 – 5:55 P.M., \$80/SESSION

JUNIOR: AGES 6 – 12
WEDNESDAYS, JAN. 24 – MARCH 13
6 – 6:50 P.M., \$96 / SESSION

Students will use pom poms and learn the fundamentals of cheerleading such as stretches, arm motions, kicks and jumps, voice projection, across-the-floor exercises, cheers/chants, sideline dances, beginner stunts, tumbling and a full routine – all of which will be performed at the end of the session for family and friends!

**Participants will be performing at a USD college basketball game.*



BALLET FOLKLORICO

SESSION 1: THURSDAYS, FEB. 8 – MARCH 28
AGES 3 – 9, 5:45 – 6:45 P.M.
AGES 10 – 17, 6:45 – 7:45 P.M.
\$96 / 8-WEEK SESSION

SESSION 2: THURSDAYS, APRIL 4 – MAY 23
AGES 3 – 9, 5:45 – 6:45 P.M.
AGES 10 – 17, 6:45 – 7:45 P.M.
\$96 / 8-WEEK SESSION

Learn the beautiful and traditional folk dances of Mexico – boys and girls are welcome! Practice skirts are provided during class. Students will have the opportunity to perform in recitals held within the community. Some dances require special dresses to be performed traditionally, and purchasing these is optional. Recitals are at the instructor's discretion and are not associated with the County of San Diego.



PRESCHOOL HIP HOP/POP STARS DANCE

MONDAYS, JAN. 22 – MARCH 18 (NO CLASS FEB. 19)
4:45 – 5:15 P.M., \$80/SESSION
AGES 3 – 5

Students will learn to move and dance like pop stars to their pop song favorites, learning fun warm-ups, across-the-floor combos and exercises, and hip hop technique in this dance class. Children will also learn special choreographed dance routines in preparation for a family showcase at the end of the session!

TUMBLING/GYMNASTICS & DANCE

BABY & TODDLER: AGES WALKING – 3 YEARS
(WITH PARENT PARTICIPATION)
WEDNESDAYS, JAN. 24 – MARCH 13
4 – 4:30 P.M., \$80 / SESSION

PRESCHOOL: AGES 3 – 4
MONDAYS, JAN. 22 – MARCH 18 (NO CLASS FEB. 19)
5:30 – 6 P.M., \$80 / SESSION

JUNIOR: AGES 5 – 11
MONDAYS, JAN. 22 – MARCH 18 (NO CLASS FEB. 19)
6 – 6:50 P.M., \$96 / SESSION

MUSICAL THEATER AND DANCE: DISNEY'S "WISH"

PRESCHOOL: AGES 3 – 5
THURSDAYS, JAN. 25 – MARCH 14
5 – 5:30 P.M., \$80 / SESSION

YOUTH: AGES 6 – 12
THURSDAYS, JAN. 25 – MARCH 14
5:30 – 6:30 P.M., \$96 / SESSION

Casting all boys and girls... Join us for all the fun while learning stage presence and improving confidence. Students will get cast in parts and learn lines and a finale dance routine from the Disney movie "Wish" to perform at the end of the session for family and friends. Borrowed costumes are included. This class is great for beginner theater students!



Adult Programs

BEGINNER COUNTRY LINE DANCING

WEDNESDAYS AND FRIDAYS, 9:50 – 10:50 A.M.

\$25 / MONTHLY

AGES 18+

This program is sure to get you bootskootin' across the dance floor! Beginning Line Dancing is a great way to learn moves, burn calories, make friends and sing along to your favorite country and dance party hits.

BEGINNING YOGA

MONDAYS, TUESDAYS AND THURSDAYS

9:15 – 10:30 A.M.

\$96 / 10-CLASS CARD, \$12 SINGLE CLASS

AGES 12+

Maintaining strength and flexibility is key to having an enjoyable and vital life - both now and in the future. In this class, we go beyond basic yoga by adding light weights and modifying postures using chairs, therapy balls and walls. Join us for a session of fitness, fun and friendship. New students should arrive 15 minutes early to register.

HEALING YOGA

MONDAYS, 5:15 – 6:15 P.M.

\$96 / 10-CLASS CARD, \$12 SINGLE CLASS

AGES 18+

Join us on a wellness journey with a gentle, adaptable approach. We will embrace traditional yoga to strengthen and nurture our bodies. While honoring the ancient physical practice of hatha yoga, Healing Yoga incorporates modern fitness, safety and healing practices. Yoga poses are shown with multiple modifications so everyone will feel strong, centered and successful. Yoga is for every body - 'Wade in!' For more information, visit WadeintoFitness.com.

FITNESS FUSION

MONDAYS, WEDNESDAYS AND FRIDAYS

8:30 – 9:30 A.M.

\$96 / 10-CLASS CARD, \$12 SINGLE CLASS

AGES 18+

Enjoy a unique fusion of techniques that creates a fitness experience for every body. Aerobically build energy, balance, coordination and strength in this fitness class. Yoga, stretching and relaxation techniques will also be incorporated, and the class can be customized for all fitness levels. The instructor will share health coaching and tips. 'Wade in' - Join in! For more information, visit WadeintoFitness.com.

PICKLEBALL FOR BEGINNERS

MONDAYS, MARCH 4 – MAY 20

5:30 – 6:30 P.M.

\$120 / 10-WEEK SESSION

AGES 18+

This class is intended for adults who are beginners to the growing sport of Pickleball. No experience is required.

PICKLEBALL OPEN PLAY

TUESDAYS AND THURSDAYS, 6 – 8 P.M.

\$2 FEE PAYABLE AT THE DOOR

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles (all equipment is provided). It's easy for beginners to learn, and can develop into a quick, fast - paced, competitive game for experienced players.

ZUMBA

TUESDAYS, 6 – 7 P.M.

THURSDAYS, 6:45 – 7:45 P.M.

\$100 / 10 CLASSES, \$60 / MONTH, \$12 / SINGLE CLASS

AGES 18+

Zumba is a Latin-inspired, easy-to-follow, calorie-burning, feel-it-to-the-core fitness party. You will get a marvelous workout while conditioning all muscles in this fun class.

BREAKFAST WITH THE BUNNY

FALLBROOK COMMUNITY CENTER

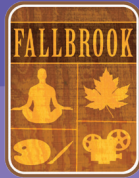
341 HEALD LANE, FALLBROOK, CA 92028

MARCH 23, 2024 • 8:30-10:30 A.M.

Hop on over to Fallbrook Community Center to spend your morning with us! A very famous bunny will be joining us for breakfast in this family-favorite, springtime event! We'll be serving up a hot pancake breakfast starting at 8:30 a.m., followed by an egg hunt for the kids at 10:30 a.m.

\$5/plate • Egg hunt is FREE for ages 15 and under

For more information: 760-728-1671 • sdparks.org



SD NIGHTS

FREE ACTIVITIES FOR TEENS ACROSS SAN DIEGO

340 EVENTS • 25 LOCATIONS • AGES 10-18

SD Nights—short for San Diego/Safe Destination Nights—is a FREE program developed by the County of San Diego Department of Parks and Recreation designed to provide teens with safe places to recreate after school during critical hours.

- **GAMES & COMPETITIONS**
- **COLLEGE & CAREER PRESENTATIONS**
- **ENRICHMENT & EMPLOYMENT OPPORTUNITIES**
- **GANG & DRUG AWARENESS**
- **COMMUNITY ART EVENTS**
- **VIRTUAL EVENTS AND PROGRAMS**
- **DINNERS**



FOR MORE INFO:
SDPARKS.ORG



SD NIGHTS ON
INSTAGRAM



TOGETHER
WE CAN
MAKE A DIFFERENCE

JOIN FRIENDS OF THE FALLBROOK COMMUNITY CENTER!

Friends of the Fallbrook Community Center is a group of volunteers and donors who have made a tremendous difference in the lives of local residents.

For 30 years, they have helped coordinate and sponsor programs and events that celebrate education, enrichment and opportunities to strengthen community connections.

As a non-profit 501(c)3 organization, Friends of the Fallbrook Community Center has no paid staff; the group is 100% volunteer-based - which is why it's so important to recruit new members on a regular basis.

FOR MORE INFORMATION:



fallbrookcommunitycenter@sdcounty.ca.gov



www.fallbrookcommunitycenter.com



DO YOU ENJOY
PUBLIC SERVICE?

WOULD YOU LIKE TO DO
MORE TO HELP FAMILIES,
YOUTH AND SENIORS?



JOIN US AT AN
INFORMATION SESSION!
CALL FOR INFO.

FALLBROOK COMMUNITY CENTER
341 Heald Lane
Fallbrook, CA 92028
(760) 728-1671



BE A STEWARD FOR FALLBROOK
BY BECOMING A FRIEND.



RENT THE FALLBROOK COMMUNITY CENTER

ANNIVERSARIES • BANQUETS • BIRTHDAYS • WEDDINGS



The Fallbrook Community Center is a convenient and affordable alternative to commercial party spaces, and a great place to host your next special occasion. Inside, you'll find a 4,032-square-foot auditorium, full prep kitchen and several versatile conference rooms with tables, chairs and other equipment. Outside are two reservable picnic areas that can host 35 – 40 guests each, sand volleyball courts, a basketball court and a grassy lawn.



Reserve a Pavilion for your next BBQ or picnic!

The fee is just \$100 per day, from 9 a.m. to dusk. Reservations must be made in advance.

Fallbrook Street Picnic Pavilion

Located next to a fenced playground, basketball court and grassy play area, this rentable space includes a covered pavilion with four picnic tables.

Heald Lane Picnic Pavilion

In this area, a covered pavilion provides shade for four picnic tables, three barbecues, sand volleyball courts, and restrooms. Jumpers are accepted and may be booked separately, with a \$25 fee, plus insurance.

Book today! Call 760-728-1761 for more information.

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