



Fallbrook Community Center

PROGRAM GUIDE

October - December 2023

341 HEALD LANE, FALLBROOK, CA 92028 • 760 - 728 - 1671

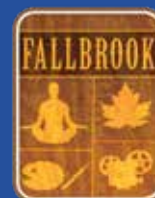
MONDAY - FRIDAY, 9 A.M. - 6:30 P.M.

HOLIDAY CLOSURES: VETERANS DAY - NOV. 10,

THANKSGIVING - NOV. 23 & 24, CHRISTMAS - DEC. 25

 @FALLBROOKCOMMUNITYCENTER

SDPARKS.ORG



Fallbrook Community Center

The Fallbrook Community Center is a hub of community life in the North County. With a wide variety of recreational and social events and programs, from preschool childcare to senior lunches, the Center offers a wide range of activities to meet the diverse needs of the community. We're all about play! The Fallbrook Community Center has two playgrounds, two lighted tennis courts and two lighted sand volleyball courts, picnic areas, a basketball court, a lawn area and restrooms. For those groups, schools, and community organizations that are looking for a meeting place, the auditorium and two meeting rooms at the Center are ideal. The community center is also equipped with a kitchen, making it a perfect venue for weddings or special events. Additional information is located in the back of this publication.



Fallbrook Area Parks

Clemmens Lane County Park

344 Clemmens Lane, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

Don Dussault County Park

832 Alturas St., Fallbrook • 760-728-2303
Open sunrise to sunset, daily

Live Oak County Park

2746 Reche Road, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

Rainbow County Park

5157 5th St., Fallbrook • 760-728-2303
Open sunrise to sunset, daily

Santa Margarita County Preserve

37385 De Luz Road, Fallbrook • 760-728-2303
Open 8 a.m. to 30 mins. before sunset, daily

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Youth Classes

COMIC ART

THURSDAYS, OCT. 5 - 26

5 - 7 P.M.

AGES 13 - 17

\$80 / 4-WEEK SESSION + \$20 MATERIAL FEE

MONDAYS, OCT. 9 - 30

5 - 7 P.M.

AGES 6 - 12

\$80 / 4-WEEK SESSION + \$20 MATERIAL FEE

THURSDAYS, NOV. 2 - 30

(NO CLASS ON NOV.23)

5 - 7 P.M.

AGES 13 - 17

\$80/4-WEEK SESSION + \$20 MATERIAL FEE

MONDAYS, NOV. 6 - 27

5 - 7 P.M.

AGES 6 - 12

\$80/4-WEEK SESSION + \$20 MATERIAL FEE

Explore the history of comic books from the mid-century traditional styles of comics in America and the Japanese genre of manga and anime. Students in this workshop will create graphic character of superheroes, villains and more. Storyboarding, illustration techniques, airbrushing, layout, scale, proportion, perspective, and various mediums of paint and ink will be utilized. This workshop is for the student who wishes to gain more drawing experience in realism, fantasy, and various artistic styles.

KIDS TASTY RECIPE COOKING CAMP

WEDNESDAYS, OCT. 25 - DEC. 6

4 - 6 P.M.

(NO CLASS ON NOV. 22)

AGES 5 - 12

\$190/ 6-WEEK SESSION

Bake up tasty treats and more while channeling your creativity in decorating your culinary masterpieces! Learn to follow directions, work as a team, and create a variety of recipes where the process is just as fun as the result. Recipes include chocolate mousse, s'mores bites, spooky Halloween chocolate pudding, homemade Thanksgiving butter, bunny butter rolls, peppermint fudge and more!

SCIENCE KIDS

TUESDAYS, NOV. 7 - 28

3:30 - 5 P.M.

AGES 5 - 10

CLASS FEE: \$60 + \$20 MATERIAL FEE

In this lively, hands-on science-based class, we will explore rockets, colors, rocks and rock cycles, we will build a bridge, make an owl pellet dissection, dig for fossils, and more!



Youth Sports



BASEBALL SAINTS

TUESDAYS, NOV. 28 – FEB. 13
(NO CLASS ON DEC. 26 AND JAN. 2)
AGES 3 – 6, 3:30 - 4:30 P.M.
\$150 / 10-WEEK SESSION

Baseball Saints classes are designed for children who miss the age cut-off date for Little League. Classes are non-competitive with no score-keeping, however, coaches focus on fine-tuning kids' skills. They will hit off of a tee and develop the fundamental skills of fielding, base running, decision-making, and throwing.

BASKETBALL SAINTS

THURSDAYS, NOV. 30 – FEB. 15
(NO CLASS ON DEC. 28 AND JAN. 4)
AGES 5 – 8, 3:30 - 4:30 P.M.
AGES 9 – 13, 4:30 - 5:30 P.M.
\$150/10-WEEK SESSION

Basketball Saints classes introduce children to the fundamentals of basketball with key skills such as dribbling, passing, shooting, and decision-making. Classes are STEAM infused where elements of science, technology, engineering, art, and math are taught as a fun break from drills and games on the court and STEAM is also combined into existing basketball games. We encourage beginner, intermediate and advanced players to enjoy education through fun!

SOCCER SAINTS

WEDNESDAYS, NOV. 29 – FEB. 14
(NO CLASS ON DEC. 26 AND JAN. 3)
AGES 3 – 5, 3:30 - 4:30 P.M.
AGES 6 – 10, 4:30 P.M. - 5:30 P.M.
\$150 / 10-WEEK SESSION

The Soccer Saints Recreational League was designed for Soccer Saints families, exclusively, and youth will play in 10 practice classes and eight league games. The referee on the pitch will be a Soccer Saints Certified Coach. All equipment is provided and we recommend children wear comfortable clothing and footwear. Cleats and shin guards are not mandatory but encouraged. Bring water.

TENNIS SAINTS

MONDAYS, NOV. 27 – FEB. 12
(NO CLASS DEC. 25 AND JAN. 1)
AGES 5 – 8, 3:30 - 4:30 P.M.
AGES 9 – 14, 4:30 - 5:30 P.M.
\$150 / 10-WEEK SESSION

The Tennis Saints curriculum was created using decades of coaching experience across multiple age groups using age-appropriate, inclusive teaching techniques. We STEAM-infuse our tennis instruction with our highly experienced and enthusiastic accredited coaches. Every class is fun and a great learning experience for beginners, intermediate and experienced players. The curriculum gives every child the opportunity for the pathway to success.



PRESCHOOL BALLET DANCE

WEDNESDAYS, NOV. 8 - DEC. 20 (NO CLASS ON NOV. 22)
4:45 - 5:15 P.M. / \$60 / 6-WEEK SESSION
AGES 3 - 5

PRESCHOOL CHEERLEADING, DANCE, & TUMBLE

WEDNESDAYS, NOV. 8 - DEC. 20 (NO CLASS ON NOV. 22)
5:25 - 5:55 P.M. / \$60 / 6-WEEK SESSION
AGES 3 - 5

JUNIOR CHEERLEADING, DANCE, & TUMBLE

WEDNESDAYS, NOV. 8 - DEC. 20 (NO CLASS ON NOV. 22)
6 - 6:50 P.M. / \$72 / 6-WEEK SESSION
AGES 6 - 12

PRESCHOOL HIP HOP/ POP STARS DANCE

MONDAYS, NOV. 6 - DEC. 18 (NO CLASS ON NOV. 20)
4:45 - 5:15 P.M. / \$60 / 6-WEEK SESSION
AGES 3 - 5

BABY/TODDLER TUMBLING/ GYMNASTICS & DANCE COMBO

WEDNESDAYS, NOV. 8 - DEC. 20 (NO CLASS ON NOV. 22)
4 - 4:30 P.M. / \$60 / 6-WEEK SESSION
AGES WALKING - 3 YEARS WITH PARENT PARTICIPATION

PRESCHOOL TUMBLING/ GYMNASTICS

MONDAYS, NOV. 6 - DEC. 18 (NO CLASS ON NOV. 20)
5:30 - 6 P.M. / \$60 / 6-WEEK SESSION
AGES 3 - 4

JUNIOR TUMBLING/ GYMNASTICS

MONDAYS, NOV. 6 - DEC. 18 (NO CLASS ON NOV. 20)
6 - 6:50 P.M. / \$72 / 6-WEEK SESSION
AGES 5 - 11

PRESCHOOL MUSICAL THEATER AND DANCE: "THE GRINCH"

THURSDAYS, NOV. 9 - DEC. 21 (NO CLASS ON NOV. 23)
5 - 5:30 P.M. / \$60 / 6-WEEK SESSION
AGES 3 - 5

YOUTH MUSICAL THEATER AND DANCE: "THE GRINCH"

THURSDAYS, NOV. 9 - DEC. 21 (NO CLASS ON NOV. 23)
5:30 - 6:30 P.M. / \$72 / 6-WEEK SESSION
AGES 6 - 12



BALLET FOLKLORICO

THURSDAYS, OCT. 5 - NOV. 30 (NO CLASS ON NOV. 23)
AGES 3 - 9, 5:45 - 6:45 P.M.
AGES 10 - 17, 6:45 - 7:45 P.M.
\$96 / 8-WEEK SESSION

THURSDAYS, DEC. 7 - JAN. 25 (NO CLASS ON DEC. 28)
AGES 3 - 9, 5:45 - 6:45 P.M.
AGES 10 - 17, 6:45 - 7:45 P.M.
\$84 / 7-WEEK SESSION

Learn the beautiful and traditional folk dances of Mexico – boys and girls are welcome! Practice skirts are provided during class. Students will have the opportunity to perform in recitals held within the community. Some dances require special dresses to be performed traditionally, and purchasing these is optional. These recitals are at the instructor's discretion and are not associated with the County of San Diego.



Adult Programs

BEGINNER COUNTRY

LINE DANCING

WEDNESDAYS AND FRIDAYS, 9:50 - 10:50 A.M.

\$25 / MONTHLY MEMBERSHIP

AGES 18+

This program is sure to get you bootskootin' across the dance floor! Beginning Line Dancing is a great way to learn moves, burn calories, make friends and sing along to your favorite country and dance party hits.

BEGINNING YOGA

MONDAYS, TUESDAYS AND THURSDAYS

9:15 - 10:30 A.M.

\$96 / 10-CLASS CARD, \$12 SINGLE CLASS

AGES 12+

Maintaining strength and flexibility is key to having an enjoyable and vital life - both now and in the future. In this class, we go beyond basic yoga by adding light weights and modifying postures using chairs, therapy balls and walls. Join us for a session of fitness, fun and friendship. New students should arrive 15 minutes early to register.

HEALING YOGA

MONDAYS, 5:15 - 6:15 P.M.

\$96 / 10-CLASS CARD, \$12 SINGLE CLASS

AGES 18+

Join us on a wellness journey with a gentle, adaptable approach. We will embrace traditional yoga to strengthen and nurture our bodies. While honoring the ancient physical practice of hatha yoga, Healing Yoga incorporates modern fitness, safety and healing practices. Yoga poses are shown with multiple modifications so everyone will feel strong, centered and successful. Yoga is for every body - 'Wade in!' For more information, visit WadeintoFitness.com.

FITNESS FUSION

MONDAYS, WEDNESDAYS AND FRIDAYS

8:30 - 9:30 A.M.

\$96 / 10-CLASS CARD, \$12 SINGLE CLASS

AGES 18+

Enjoy a unique fusion of techniques that creates a fitness experience for every body. Aerobically build energy, balance, coordination and strength in this fitness class. Yoga, stretching and relaxation techniques will also be incorporated, and the class can be customized for all fitness levels. The instructor will share health coaching and tips. 'Wade in' - Join in! For more information, visit WadeintoFitness.com.

PICKLEBALL FOR BEGINNERS

MONDAYS, NOV. 27 - FEB. 12

(NO CLASS DEC. 25 AND JAN. 1)

5:30 - 6:30 P.M.

\$120 / 10-WEEK SESSION

AGES 18+

This class is intended for adults who are beginners to the growing sport of Pickleball. No experience is required.

PICKLEBALL OPEN PLAY

TUESDAYS AND THURSDAYS, 6 - 8 P.M.

\$2 FEE PAYABLE AT THE DOOR

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles (all equipment is provided). It's easy for beginners to learn, and can develop into a quick, fast - paced, competitive game for experienced players.



HIKE-A-THON MEETUPS AT PARKS

In an effort to encourage more people to spend quality time outside – wherever and whenever they can – the County of San Diego Department of Parks and Recreation is partnering with Nature Unplugged to host ranger-led hikes during their October 2023 Hike-a-Thon. Inspiration to go the extra mile comes in the form of four educational walk-and-talk adventures:

9 a.m. • Saturday, Oct. 7

Oakoasis County Preserve

Easy to Moderate

9 a.m. • Saturday, Oct. 14

Sycamore Canyon/ Goodan Ranch County Preserve

Moderate

9 a.m. • Saturday, Oct. 21

Wilderness Gardens County Preserve

Easy to Moderate

9 a.m. • Saturday, Oct. 28

Santa Ysabel Nature Center and East County Preserve

Moderate

NatureUnplugged.com
sdparks.org



18 RAPTOR EVENTS AT COUNTY PARKS

HAWKTOBER 2023



For the County of San Diego Department of Parks and Recreation, October becomes Hawktober—a special celebration of our resident birds of prey. We've planned FREE events at locations across San Diego, with ample opportunities to meet the real live hawks, owls and falcons that are part of our animal ambassador program. Reservations are not required.



Pick up a free set of Hawktober trading cards at these events while supplies last!

SDPARKS.ORG



GREEN FRIDAY

Nov. 24, 2023

Celebrate the “upside of outside” in parks and preserves Thanksgiving weekend. From ranger-led hikes to fitness classes and virtual meetups to do-it-yourself trail rides, our Green Friday lineup offers free activities for adventurers of all ages and interests.

Spend quality time outside this holiday season while you make new memories in the great outdoors.

SCHEDULE COMING SOON!



LIVE WELL
SAN DIEGO

LEARN MORE AT SDPARKS.ORG/GREENFRIDAY • #UPSIDEOFOUTSIDE



Calling all volunteers!

The Friends of the Fallbrook Community Center are in need of new board members and volunteers.

For more information visit
fallbrookcommunitycenter.com or email us at
fallbrookcommunitycenter@sdcounty.ca.gov

HALLOWEEN FESTIVAL

OCT. 28, 2023 • 3:30 – 5:30 P.M.

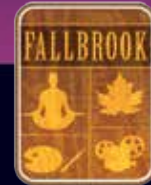
FALLBROOK COMMUNITY CENTER • 341 HEALD LANE, FALLBROOK, CA 92028



Join us for a spooktacular family festival at the community center featuring music, games, arts and crafts, costume contests and other fun activities that are sure to inspire trick-or-treaters of all ages!

After sunset, we'll host a special movie in the park - Hocus Pocus - so be sure to bring your beach chairs and blankets to spend the evening with us.

FOR MORE INFO: 760-728-1671 - SDPARKS.ORG



19TH ANNUAL

SPOOKY TRAILS

SATURDAY, OCT. 14
4 - 8:30 P.M.

HELLHOLE CANYON
COUNTY PRESERVE
19324 SANTEE LANE, VALLEY CENTER

FUN FOR ALL AGES | FREE PARKING

PUMPKIN GIVEAWAYS TO
THE FIRST 100 YOUTH

Join us for an evening of ghoulishly good times with special activities for kids of all ages. Hike a haunted trail after dark, meet real live raptors, enjoy a movie under the stars and compete for the best costume!

MORE INFO:

760-742-1631 • sdparks.org
hellholecanyon.org • sdcps.org

HAWKTOBER RAPTOR
PRESENTATION
4:30 – 5:30 p.m.

COSTUME CONTEST
YOUTH AND ADULTS
5:30 – 6:30 p.m.

MOVIE IN THE PARK
PUSS IN BOOTS: THE LAST WISH
6:30 – 8:30 p.m.



Celebrate community spirit, peace and goodwill
as we kick off the holiday season!

11TH ANNUAL

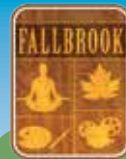
Fallbrook Tree Lighting Festival

FRIDAY, DEC. 1, 2023 - 5 - 7:30 P.M.

FALLBROOK COMMUNITY CENTER

341 HEALD LANE, FALLBROOK CA

FOR MORE INFO: 760-728-1671
SDPARKS.ORG



Breakfast with Santa

at Fallbrook Community Center

Dec. 16, 2023

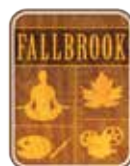
8:30 - 10:30 a.m.

341 Heald Lane, Fallbrook, CA 92028

The entire family will enjoy a special morning with Santa Claus! Activities include a delicious hot breakfast, fun entertainment and lots of additional holiday joy. This is a great opportunity to embrace the holiday spirit in a way that is meaningful to you!

Reservations aren't necessary, but please plan ahead:
\$5 for attendees of all ages

For more information:
760-728-1671 • sdparcs.org



RENT THE FALLBROOK COMMUNITY CENTER

ANNIVERSARIES • BANQUETS • BIRTHDAYS • WEDDINGS



The Fallbrook Community Center is a convenient and affordable alternative to commercial party spaces, and a great place to host your next special occasion. Inside, you'll find a 4,032-square-foot auditorium, full prep kitchen and several versatile conference rooms with tables, chairs and other equipment. Outside are two reservable picnic areas that can host 35 – 40 guests each, sand volleyball courts, a basketball court and a grassy lawn.



Reserve a Pavilion for your next BBQ or picnic!

The fee is just \$100 per day, from 9 a.m. to dusk. Reservations must be made in advance.

Fallbrook Street Picnic Pavilion

Located next to a fenced playground, basketball court and grassy play area, this rentable space includes a covered pavilion with four picnic tables.

Heald Lane Picnic Pavilion

In this area, a covered pavilion provides shade for four picnic tables, three barbecues, sand volleyball courts, and restrooms. Electricity is available for an additional \$25. Jumpers are accepted and may be booked separately, with a \$25 fee, plus insurance.

Book today! Call 760-728-1761 for more information.

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fallbrookcommunitycenter@sdcounty.ca.gov

